



**IMPROV-able Results™**  
*Think and Speak Under Pressure*

### Partial List of Past Training and Presentations:

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| <ol style="list-style-type: none"><li>1. 21 Ways to Get Your Message across without Putting People to Sleep or Sending Them Screaming from the Room!</li><li>2. 30 Seconds to Impact: Making Your Point Fast</li><li>3. 60 Second to Speak &amp; Peak: Elevator Pitch Boot Camp</li><li>4. Be Your Own Power Point: Presenting Yourself Powerfully with Technology</li><li>5. Communicate to Motivate</li><li>6. Confidence Games: Improv Practice for Non-Actors</li><li>7. Creative Consultants: A Collaboration Lab</li><li>8. Creative Conversations: Personalizing Your Interpersonal Communication</li><li>9. Discovering and Releasing Your Inner Salesperson</li><li>10. Foible Fables: Making, Learning from, and Letting Go of Mistakes</li><li>11. Hot Buttons: Keepin' Cool When People Push 'Em</li><li>12. Humor Me: The Art and Practice of Humorous Improvisation</li><li>13. Improve with Improv!</li></ol> | <ol style="list-style-type: none"><li>14. Improv-Ability: Creative Thinking Lab</li><li>15. IMPROV This: Developing Collaborative Business Relationships and Teams</li><li>16. Networking Conversations: Talking about What You Do</li><li>17. Personal and Professional Coaching</li><li>18. Powering up Your Presentations: Speak up and Stand out</li><li>19. The Power of Stories to Inspire Learning</li><li>20. Sparking Spontaneity: Developing Facility on Your Feet</li><li>21. Speak from the Heart: How to Connect, Inform and Motivate with Personal Stories</li><li>22. Speaking with Confidence Face-to-Face</li><li>23. Story Power: Find the Universal in the Personal</li><li>24. Talk So People Will Listen / Listen So People Will Talk</li><li>25. Talking to the Camera: Practice for Your Commercial Sound-bite Video</li><li>26. Walk Your Talk: Developing Note-Free Presentations</li></ol> |
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